

2019-2020 SPORTS SIGN-UP

HOLY FAMILY SCHOOL ATHLETIC PROGRAM RULES AND PERMISSION SLIP **PLEASE TAKE THE TIME TO READ CAREFULLY**

Dear Parents,

Sports sign-ups for the 2019-2020 school year are beginning **now**. We belong to the Southern Springfield Catholic Athletic Conference in Illinois. The fee for participation in one or all sports (basketball, volleyball and track & field) is \$35 for one athlete and \$60 for two or more athletes.

The purpose of school-sponsored athletic programs is to teach skill in games, to foster healthy exercise, to teach fair play, good sportsmanship and to give enjoyment to students. Athletic programs which deny children these opportunities, or that exert undue pressures on children, are inconsistent with these purposes.

Volunteers direct the Holy Family sports program. These dedicated people provide much time and effort; assistance and support of them is necessary. Parents of ALL participants are required to work at games scheduled at Holy Family Gym or at track meets to insure participation and continuation of a quality program. The athletic program at Holy Family is fully supported financially by the athletic fee and use of our gym and concession stand sales.

Gym Duty Notification: Parents will have 1 week to sign up for (2) shifts. After that week shifts will be assigned. Schedules will be sent home with your (son/daughter) athlete prior to your scheduled time. The schedules will also be posted on the bulletin board outside the gym.

RULES FOR PARTICIPATION

1. Written permission of parent/guardian.
2. Physical examination within six months of the beginning of the athletic season.
3. Assurance of medical insurance coverage.
4. **Parents** (or approved substitute) **are required to work (2 shifts per sport) their assigned gym duty at any scheduled game at HFS and at track meets.** *Please note:* If your athlete does not play a game for any reason, it is still your responsibility to cover your assigned work schedule time. **Parents missing assigned gym duty will result in a game suspension(s) for the athlete.**

5. Principal, teachers, parents, or coaches are free to suspend a student from participation in one or more games because of unsatisfactory effort, conduct, or practice/game non-attendance. The Principal and coach need to be notified of this.
6. Students will be periodically reviewed for classroom performance. **School is a first priority.** Participants must carry a 3 (satisfactory) or better in Conduct and Effort to participate. An effort grade determines whether a student is academically performing according to his/her ability. If a participant fails to meet these standards, participation will be suspended. Reinstatement will occur only after marked improvement is achieved and approval is given by the principal.
7. A combination of 3 suspensions and/or ineligible periods will result in a permanent dismissal from the team. The suspensions and ineligibility periods include poor conduct and effort, and/or ineligibility from a coach or parent.
8. If a participant quits or is permanently suspended for the season in a sport, the student will not be recognized at that year's awards ceremony for that sport. If an athlete **quits** a sport after the season has begun, that student is **ineligible** to play **that sport the following year.**
9. Ineligible students may be at games, but **not** in uniform. They should be at practices, unless indicated by school administration.
10. Shoes worn in the gym must be worn **ONLY** in the gym; with strings tied and socks worn.
11. If a student is absent any part of the day from school on the day of a game because of sickness, the student may not participate in a game the **SAME** night.
12. Jewelry of any kind (including earrings) is **forbidden** during a game, even if they are taped or have a band-aid to cover the earring.
13. Team uniforms are provided by the Athletic Association. However, they are expected to be returned to the school in the same condition in which they were received. If a uniform is lost, the full cost to replace that uniform is the parent's responsibility. **Volleyball jerseys are \$35, and volleyball shorts are \$20. Basketball jerseys are \$65, and basketball shorts are \$35. If a repair is needed, that cost will be passed on to the parent.** Track uniforms have not been purchased.
14. End of the year Sports Banquet will be for grades 5-8 only. A separate pizza party will be held for grades 3 and 4.
15. **ONE MORE RULE: NO GUM IN THE GYM!!!! PLEASE!!!**

AFTER you have read the letter and Rules for Participation, please complete one sign-up sheet per student athlete and return to school by **MONDAY, AUGUST 19, 2019**.

Student Grade 2019-2020: 3rd 4th 5th 6th 7th 8th

IMPORTANT: IF YOU, AS A PARENT OR GUARDIAN, DO NOT INTEND TO HELP WITH THE PROGRAM BY FULFILLING YOUR GYM DUTY REQUIREMENT, PLEASE DO NOT ALLOW YOUR CHILD TO PARTICIPATE. A RESPONSIBLE SUBSTITUTE (APPROVED BY THE ATHLETIC DIRECTOR/S) MAY HELP FULFILL THIS REQUIREMENT.

I have read and fully understand the Rules for Participation. I assure you that my

child, _____, is covered by medical insurance, will have had a physical examination within six months prior to participation, and has my permission to participate in the sport/s of: (check **ALL** that apply):

Volleyball Basketball Track & Field (5th-8th only)

PARENT'S Signature _____ DATE _____

I promise to abide by the Rules of Participation. I promise to display Christian courtesy, loyalty, good sportsmanship, and good behavior at all times.

STUDENT'S Signature _____ DATE _____

Parents' Home and Cell Phone #s _____

Address _____ E-mail _____

Emergency Contacts **OTHER THAN PARENTS:**

Name _____ Phone _____

Name _____ Phone _____

Health Concerns: _____ Inhaler? _____ Yes/No

Enclosed is my Athletic Fee (\$35-one athlete/\$60-two or more) for the _____ family for the 2019-2020 season(s). Cash Check Fee sent with sibling's form.

If for any reason, the athletic fee poses a financial hardship, please contact Ms. Pennell directly at 877-5500.